

# 25th Annual Diabetes Fall Symposium for Primary Health Care Professionals

Saturday, October 16, 2021

## Learning Objectives for Pharmacists

<b>8:00 am – 9:00 am</b>	<b>Diabetes Complications and Hospitalizations in South Carolina</b> Joshua Sellner, MSPH, PhD(c); Senior Epidemiologist, Population Health Data Analytics & Informatics, South Carolina DHEC <i>ACPE UAN 0062-9999-21-125-L04-P, 1.0 contact hours, knowledge-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Analyze gestational diabetes surveillance data in South Carolina</li><li>2. Identify diabetes disparities related to various complications</li><li>3. Describe the impact the COVID-19 pandemic has had on South Carolinians with diabetes</li></ol>
<b>9:00 am – 10:00 am</b>	<b>Addressing Health Disparities in Diabetes: Intersection of Structural Racism, Social Determinants and Racial/Ethnic Disparities</b> Leonard Egede, MD; Chief, Division of General Internal Medicine; Medical College of Wisconsin (MCW); Professor of Medicine & Inaugural Milwaukee Community Chair in Health Equity Research at MCW; Director, Center for Advancing Population Science, MCW Director, MCW CTSI KL2 Program and Master's in Clinical/Translational Research <i>ACPE UAN 0062-9999-21-126-L04-P, 1.0 contact hours, knowledge-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Discuss national data related to disparities in diabetes care</li><li>2. Define health disparities</li><li>3. Discuss the intersection of structural racism, social determinants and health disparities</li><li>4. Discuss structural racism as a driver of health disparities</li><li>5. Discuss emerging interventions to address social determinants and reduce disparities in clinical outcomes for diabetes</li></ol>
<b>10:15 am – 11:15 am</b>	<b>COVID-19 in Adult and Pediatric Patients with Diabetes</b> Kathy Lewis, MD; Professor of Medicine; Adult and Pediatric Endocrinology Greenville Hospital System <i>ACPE UAN 0062-9999-21-127-L01-P, 1.0 contact hours, application-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Compare and contrast the parallels in acute and chronic pathology of COVID-19 infection and diabetes</li><li>2. Discuss the risk of COVID-19 infection or death for diabetes classifications</li><li>3. Describe the relationship of race and ethnicities to serious complications or death in patients with diabetes</li></ol>
<b>11:15 am – 12:15 pm</b>	<b>Lipid Management in Diabetes</b> Harsha Karanchi, MD; Assistant Professor of Medicine; Division of Endocrinology, Diabetes & Metabolic Diseases Medical University of South Carolina <i>ACPE UAN 0062-9999-21-128-L01-P, 1.0 contact hours, knowledge-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Discuss lipid management in diabetes</li><li>2. Describe lifestyle interventions</li><li>3. Discuss ongoing therapy and monitoring with lipid panel</li></ol>
<b>12:45 pm – 1:45 pm</b>	<b>Diabetes Free South Carolina</b> Tim Lyons, MD; Diabetes Free South Carolina; Director, BCBS, Columbia, SC; John A. Colwell Endowed Chair in Diabetes Research, Division of Endocrinology, Diabetes & Metabolic Diseases, Medical University of South Carolina <i>ACPE UAN 0062-9999-21-129-L04-P, 1.0 contact hours, knowledge-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Define the vision and mission of Diabetes Free South Carolina (DFSC)</li><li>2. Describe the importance of aligning efforts against diabetes statewide, and the challenges involved</li><li>3. Discuss the ways in which DFSC provides support and funds new programs</li></ol>
<b>1:45 pm – 2:45 pm</b>	<b>Managing Diabetes through Quality Based Approaches to Nutrition</b> Makala Smith, RD; Outpatient Dietitian, Diabetes Educator, Program Coordinator, Sumter Medical Specialists PA, Carolina Diabetes & Kidney Center <i>ACPE UAN 0062-9999-21-130-L01-P, 1.0 contact hours, application-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Appraise quality-based approaches to nutrition to manage diabetes</li><li>2. Discuss the current ADA Position Statement on Diabetes Self-Management through dietary modification</li><li>3. Discuss the benefits of using continuous glucose monitoring as a tool to teach about food quality and its effects on glycemic control</li></ol>
<b>2:45 pm – 3:45 pm</b>	<b>Diabetes in Pregnancy</b> Usah Lilavivat, MD; Chair, Board of Directors; Diabetes Initiative of South Carolina Carolina Diabetes & Kidney Center Berry Campbell, MD; Clinical Professor and EJ Dennis III, MD Chair, Department of Obstetrics and Gynecology Prisma Health-Midlands, University of SC School of Medicine <i>ACPE UAN 0062-9999-21-131-L01-P, 1.0 contact hours, knowledge-based activity</i> <i>At the conclusion of this activity, the participant will be able to:</i> <ol style="list-style-type: none"><li>1. Summarize the management of the pregnant patient with diabetes</li><li>2. Describe pre-conceptual counseling</li><li>3. Identify the role of aspirin to lower preeclampsia risk in pregnant women with type 1 or type 2 diabetes</li><li>4. Delineate pregnancy risks associated with gestational and pre-gestational diabetes.</li><li>5. Examine the role of maternal fetal medicine in collaboration with endocrinology in managing pregnant patients with diabetes</li></ol>



The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This symposium is accredited for a maximum of **7.0 live contact hours** for pharmacists. Participants must sign-in at the beginning of the day and attend each session for which they claim credit in its entirety, participating in all active learning activities and learning assessments. Instructions on how to complete evaluations to have credit reported to the NABP CPE Monitor will be provided. Evaluations should be completed within 30 days (with provision of the correct NABP e-Profile ID and month/day of birth); **any credit claimed greater than 60 days from the program will be automatically rejected by the NABP CPE Monitor.**

